



Training Times - 1st March 2011



Teaching Groups

Beginners 1, Improvers 1, Skills 1

Sunday	4.00-4.40pm	Hyndburn Sports Centre	40mins - £21
--------	-------------	------------------------	--------------

Beginners 2, Improvers 2, Skills 2

Sunday	4.45-5.25pm	Hyndburn Sports Centre	40mins - £21
--------	-------------	------------------------	--------------

Beginners 3, Improvers 3, Skills 3

Sunday	5.30-6.10pm	Hyndburn Sports Centre	40mins - £21
--------	-------------	------------------------	--------------

Beginners 4, Improvers 4, Skills 4

Sunday	6.15-6.55pm	Hyndburn Sports Centre	40mins - £21
--------	-------------	------------------------	--------------

Pre-Competition Groups

Intermediate Black

Sunday	4.00-5.00pm	Hyndburn	3.5 hrs - £24
Friday	6.30-7.30pm	Hyndburn	
Saturday	7.15-8.45am	Hyndburn	

Intermediate Red

Sunday	4.00-5.00pm	Hyndburn	3.5 hrs - £24
Friday	6.30-7.30pm	Hyndburn	
Saturday	7.15-8.45am	Hyndburn	

Micro Black

Sunday	4.15-4.45pm	Hyndburn (l/w)	5 hrs - £28
Sunday	5.00-6.00pm	Hyndburn	
Tuesday	6.00-7.00pm	QEGS	
Friday	6.30-7.30pm	Hyndburn	
Saturday	7.15-8.45am	Hyndburn	

Micro Red

Sunday	4.15-4.45pm	Hyndburn (l/w)	5 hrs - £28
Sunday	5.00-6.00pm	Hyndburn	
Tuesday	6.00-7.00pm	QEGS	
Friday	7.30-8.30pm	Hyndburn	
Saturday	7.15-8.45am	Hyndburn	

Training Groups

Development

Sunday	5.00-5.45pm	Hyndburn (l/w)	7.75 hrs - £32
Sunday	6.00-7.00pm	Hyndburn	
Tuesday	7.00-8.30pm	QEGS	
Thursday	7.30-9.00pm	Hyndburn	
Friday	7.30-9.00pm	Hyndburn	
Saturday	7.15-8.45am	Hyndburn	

Junior County

Sunday	7.30-9.00am	QEGS	9.75 hrs - £36
Sunday	5.00-5.45pm	Hyndburn (l/w)	
Sunday	6.00-7.00pm	Hyndburn	
Monday	7.30-8.30pm	QEGS	
Wednesday	7.30-8.30pm	QEGS	
Thursday	7.30-9.00pm	Hyndburn	
Friday	7.30-9.00pm	Hyndburn	
Saturday	7.15-8.45am	Hyndburn	

County

Sunday	7.30-9.30am	QEGS	12.25 hrs - £40
Sunday	6.00-6.45pm	Hyndburn (l/w)	
Sunday	7.00-8.00pm	Hyndburn	
Monday	7.30-9.30pm	QEGS	
Tuesday	7.00-8.30pm	QEGS	
Wednesday	7.30-9.00pm	QEGS	
Friday	7.30-9.00pm	QEGS	
Saturday	6.00-8.00am	QEGS	

Regional Squad

Sunday	6.00-6.45pm	Hyndburn (l/w)	15.75 hrs - £55
Monday	5.00-7.00am	QEGS	
Monday	6.00-7.30pm	QEGS (l/w)	
Tuesday	5.00 - 7.00pm	QEGS	
Wednesday	5.00-7.00am	QEGS	
Thursday	6.00-7.30pm	Hyndburn	
Friday	5.00-7.00am	QEGS	
Friday	5.00-7.00pm	Mercer Hall	
Saturday	6.00-8.00am	QEGS	

Seniors

Sunday	7.30-9.00am	QEGS	7 hrs - £27
Sunday	7.00-8.00pm	Hyndburn	
Tuesday	7.00-8.30pm	QEGS	
Thursday	7.30-9.00pm	Hyndburn	
Friday	7.30-9.00pm	QEGS	

Masters Groups

Competitive Masters

Sunday	7.30-9.30am	QEGS	7 hrs - £27
Monday	7.30-9.30pm	QEGS	
Wednesday	7.30-9.00pm	QEGS	
Friday	7.30-9.00pm	QEGS	

Masters

Sunday	7.30-9.00am	QEGS	5.5 hrs - £20
Monday	8.30-9.30pm	QEGS	
Thursday	7.30-9.00pm	Hyndburn	
Friday	7.30-9.00pm	QEGS	