

Pioneer 79 ASC - Code of Conduct



The safety and well being of swimmers is of paramount importance, and for this reason the Committee have reviewed the existing standards of discipline. This is to enable a fair and consistent approach when dealing with incidents of unacceptable or inappropriate behaviour during club activities.



The committee and coaching staff will not tolerate certain types of conduct. Any physical violence, threatening behaviour or verbal abuse will result in immediate exclusion from the activity. The person(s) involved will be suspended from all club activities until the committee is able to meet, discuss the matter and agree an outcome.



Smoking, the consumption of alcohol and the use of illegal drugs or substances is strictly prohibited when involved in any club activity.



If a swimmer misbehaves during a club activity, the coach/teacher will issue a verbal warning. If a swimmer receives three such verbal warnings he/she will be asked to leave the activity, eg during training they must immediately leave the pool. If a swimmer is asked to withdraw from an activity on more than one occasion the matter will be referred to the club committee and may result in a suspension from club activities.

Behaviour which may constitute a warning

- Failure to start a session on time as a result of time-wasting in the changing rooms, dawdling or chatting on poolside. (Wherever possible swimmers should arrive at least 10 minutes prior to a session in order to change and perform a land warm-up to help prevent injury).
- Unnecessary toilet breaks - no visiting the toilet unless at a given point specified by the coach. Swimmers should be expected to train for at least 90 minutes without the need for a toilet break. (As a matter of courtesy swimmers should always ask permission from the coach before leaving the poolside).
- Stopping, standing up in mid lane or climbing out of the pool without permission. (All equipment needed should be brought on to poolside before the session starts, including spare goggles. The coach is always the first person to speak to if a problem arises).
- Chatting or not paying attention when the coach is addressing the group. (Full attention should be given to the coach at all times - not to do so is rude and disrespectful).
- Missing unpopular sets or not starting them on time. Omitting turns, walking on the bottom of the pool during a set or faking cramp/injury. (Aim for the highest standard of performance at all times - always kick and streamline off the wall).
- Throwing/kicking equipment (eg floats) and general horseplay during a club activity.
- Any other behaviour that might be deemed unacceptable by the coach.

In addition it is expected that all members when attending any event or training session shall:

- Comply with the codes, rules and laws within the general guidelines set out by the ASA.
- Behave without discrimination on the grounds of race, colour, language, birth or social status as set out in the club's equity policy.
- Respect the basic human rights, worth and dignity of each member.
- Not encourage others to violate the rules of the club or sport.
- Accept the authority and decisions of all officials.
- Encourage all swimmers to obey the spirit of the rules and laws both in and out of the pool.
- Treat other competitors and teams with respect, in both victory and defeat.

Name (please print) Signed Date

For members under 12 years of age

As the parent/carer of the above named member, I can confirm that I have explained to them the contents and implications of this Code of Conduct.

Parent/Carer's name Signed Date