

B&D Championships 2010

B and D Championships



Entry Information 2010

**ENTRY OPEN TO MEMBERS OF ALL CLUBS AFFILIATED TO THE
ASSOCIATION**

Sunday 16th May 2010, at Bury Leisure Centre Pool

**Bolton and District Swimming and Water Polo Association
Event held under ASA Laws and ASA Technical Rules
Licensed ASA Level 2 - 2NW0364**

B&D Championships 2010

Bolton & District Swimming & Water Polo Association General Information Championships 2010



- 1) The event is licensed by the ASA for entry into National Competitions - **2NW0364**
- 2) The competition will be held under ASA Laws & ASA Technical Rules
- 3) Venue: Bury Leisure Centre
- 4) Date 16th May 2010
- 5) ENTRY FEE **£3.75** per event.
- 6) **A COMPUTERISED ENTRY SYSTEM WILL BE USED. The electronic entry file should be emailed to:**
championships@bdswpa.org.uk Receipt of this file will be acknowledged.
- 7) **A Paper Copy of Entries along with entry fees should be forwarded to:**
Mrs E Kidd, 2 Bedford Avenue. Worsley, Manchester M287GG
- 8) **Closing Date for Entries TUESDAY 6th APRIL 2010. NO LATE ENTRIES ACCEPTED**
- 9) All events will be seeded on submitted times;
- 10) Every effort will be made to allow competitors reasonable time between events and finals, taking into consideration their age and the number of events entered, at any one gala. All events however will be held at the Gala stated on the list.
- 11) The gala is **CARDLESS**. Swimmers are requested to inform of any event which they have entered but do not intend to swim prior to the commencement of the warm up (further details will be enclosed with confirmation of entries).
- 12) Swimmers must report to the Competitors Stewards when instructed to do so. Any swimmer not reporting in time may be excluded.
- 13) A maximum of 3 Team managers/coaches per Club will be allowed on the poolside. Passes can be applied for with the entry forms.
- 14) The promoters reserve the right to refuse admission to any person
- 15) Any situation not covered by the above information or Meet Conditions will be at the discretion of the promoters, who also reserve the right to make any changes that may be considered necessary for the smooth running and discipline of the event.

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Bolton & District Swimming & Water Polo Association Championships Competition 2010



General Conditions

- 1) Bolton & District Swimming & Water Polo Association is affiliated to Lancashire County ASA and the competition is held under ASA Laws & ASA Technical Rules of Swimming.
- 2) The Championships will be held annually under the control of the Council or nominated committee.
- 3) All entrants must be members of an ASA affiliated club and registered with the ASA.
- 4) Entries will be accepted if the swimmer meets the minimum qualifying time
- 5) The promoter reserves the right to restrict entries if events are over subscribed based on submitted entry times to ensure the timely completion of the meet.
- 6) All entries must be submitted electronically **via clubs no later than midnight ON 6th APRIL 2010**
No late entries accepted. The electronic entry file should be emailed to:
championships@bdswpa.org.uk
Paper copies of all entries along with entry fees should be forwarded to:
Mrs E Kidd, 2 Bedford Avenue, Worsley, Manchester M28 7GG
Receipt of email entries will be confirmed.
- 7) Any situation not covered by these notes will be at the discretion of the promoters, who also reserve the right to make any changes that may be considered necessary for the smooth running and discipline of the event.

Event Details

- 1) There will be 2 sessions as shown in the programme. The promoter reserves the right to amend the start time of the second session which will not be earlier than that shown in the programme.
- 2) The programme attached is not a guide to the order of events in each session.
- 3) Heats will be determined in speed order slowest to fastest from times submitted, with the fastest heat being seeded.
- 4) Electronic Timing will be used on all events where possible.
- 5) The Age Groups are 10/11/12/13/14/15/16 and 17&Over for the 50m events and Junior (16&U) and Senior (17+) for the 100m events and 200m IM. There is a 100m IM for the 10 to 12 year age group. **Ages as at midnight on 16th May 2010.**
- 6) The Junior Champion shall be the best placed junior in the final of a Championship event, or failing a junior being in the final, the fastest junior in the heats, runner up and third placed junior to be adjudged on the same principle.
- 7) There will be heats and finals for all 100m individual events excluding 100m Individual Medley. The 50m events and 100m /200m Individual Medley will be heat declared winner.
- 8) Every effort will be made to allow competitors reasonable time between events and finals, taking into consideration age and number of events entered, at any one gala. All events however will take place in the session stated on the list.
- 9) The first three (3) swimmers in each Age Group will receive awards.
- 10) The "Speedo Top Club" Trophy shall be awarded to the Club gaining the most points in these Championships. Points to be awarded to all finalists on the following basis: Individual Events: 6, 5, 4, 3, 2, 1; the highest number for the winners, the rest in sequence.
- 11) The promoters reserve the right in the interests of time to operate 'OVER THE TOP' starts.
- 12) Presentations will be made at the end of each session.
- 13) Clubs may have a maximum of THREE poolside coaches. At least one of each gender. These will be admitted on production of a pass. **Passes £5 per club (provides THREE passes for Championship Galas)**

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Pool & Poolside Safety

- 1) FIRE EXITS are clearly marked. Everyone attending this meet must ensure that they familiarise themselves with these exits in case of need in any emergency.
- 2) The pool is 0.9 metres deep at the shallow end and 1.8 metres deep at the deep end. All starts will be from the deep end and starting blocks are 0.75 metres above the water level.
- 3) Team Managers and Coaches shall satisfy themselves that their swimmers are competent to the standard of the ASA Competitive Start Award. Any swimmer not so competent must start from the poolside or in the water and shall inform the referee to this effect. In the event of a faulty start swimmers must execute a shallow racing dive. They must not topple in head first as this is dangerous.
- 4) Swimmers shall enter and leave the poolside via the changing rooms. There will be NO access to the poolside via the administration area except for officials. Swimmers breaching this rule may be excluded from the remainder of the competition at the promoter's discretion.

Warm Up

- 1) A warm up period is arranged commencing prior to the session start time.
- 2) Team Managers and Coaches are responsible for swimmers during the warm up period prior to the referee taking control of the meet and at least one must be in attendance before warm up will be allowed to commence
- 3) No diving at the shallow end of the pool

Card System

- 1) A **cardless** system will be used and all competitors will be assumed to be present and swimming unless they have informed of their withdrawal.
- 2) Swimmers must report to the Competitors' Steward one event before the start of the event in which they are competing. Swimmers for the first event should report ten minutes before the start of the session.
- 3) Any swimmer not reporting on time may be excluded.
- 4) It is the responsibility of the swimmers to be at the blocks in time for their race. Any swimmer not at his/her block at the start of the heat shall be excluded from the event.

Spectators

- 1) Admission for spectators will be £3 all day £1 refund for each session missed. Price includes programme.
- 2) The promoters reserve the right to refuse admission to any person.

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Extra Points

1. Clubs please make sure that there is always a chaperon on the poolside of the same sex and club as the swimmer(s), who is not a competitor in that session.
2. Jobs around the poolside and on the door etc, will be done by the members of competing clubs. The following jobs will be allocated nearer the date, but any club wishing to volunteer for a particular job would be most welcome.

Jobs	16 th May 2010		
Door and Raffle			
Refreshments			
Announcing			
Cards and Results			
Competitors Stewards (1 male, 1 Female)			
Presentation steward			
Sweetshop			

Clubs are respectfully requested to provide a raffle prize for the event.

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Saturday, 16th May 2010

DRAFT PROGRAMME - Events will be swum in the indicated session, but not necessarily in the order given as amendments may be made in light of entry numbers.

Session 1 warm up 9.00 am for 9.30 am start

Session 2 warm up 12.45pm for 1.15pm start

Events Session 1

Ladies 200 Individual Medley
Girls 12 and under 100m Individual Medley
Boys 12 and under 100m Individual Medley
Gents 13 and over 50m Freestyle
Ladies 13 and over 50m Butterfly
Gents 100m Butterfly
Ladies 100m Backstroke
Gents 13 and over 50m Backstroke
Ladies 13 and over 50m Breaststroke
Girls 12 and under 50m Freestyle
Boys 12 and under 50m Butterfly
Gents 100m Breaststroke
Ladies 100m Freestyle
Girls 12 and under 50m Breaststroke
Boys 12 and under 50m Backstroke

Events Session 2

Gents 50m Fly
Ladies 50m Back
Gents 200m Individual Medley
Ladies 100m Butterfly
Girls 12 and under 50m Butterfly
Boys 12 and under 50m Freestyle
Gents 100m Backstroke
Ladies 50m Freestyle
Gents 50m Breaststroke
Girls/12 and under 50m Backstroke
Boys 12 and under 50m Breaststroke
Gents 100m Freestyle
Ladies 100m Breaststroke

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Consideration times for B & D Championships 2010

Junior and Senior Trophies will be awarded in all 100m events and 200m IM.
Medals will be awarded for all 50m individual events and the 10/11/12 100m IM

The times below are the qualifying standards for each age group / event

** 10 year old boys are not able to enter the 100m individual events.

Boys									
Age	10	11	12	13	14	15	16	17	open
Event									
50m free	39.3	37.2	35.1	33.1	31.3	29.9	29.0	28.4	27.4
100m free		1:20. 6	1:15. 7	1:11. 1	1:07. 3	1:04. 6	1:02. 6	1:01. 4	1:00. 2
50m breast	51.3	48.0	45.1	41.9	39.6	37.7	36.4	35.7	34.4
100m breast		1:43. 4	1:36. 9	1:30. 1	1:25. 1	1:21. 0	1:18. 4	1:16. 7	1:15. 0
50m fly	43.8	41.0	38.8	36.4	34.3	32.5	331.5	30.7	29.6
100m fly		1:30. 4	1:24. 6	1:19. 1	1:14. 4	1:10. 7	1:08. 8	1:07. 0	1:05. 1
50m back	45.1	42.5	40.3	37.6	35.8	33.9	32.6	32.1	30.4
100m back		1:30. 5	1:25. 2	1:19. 7	1:15. 0	1:11. 5	1:09. 3	1:07. 6	1:05. 4
100m IM	1:39. 6	1:33. 9	1:28. 7						
200m IM	3:32. 2	3:17. 6	3:06. 8	2:55. 8	2:45. 3	2:38. 2	2:33. 7	2:30. 5	2:27. 6
Girls									
Ages	10	11	12	13	14	15	16	17	open
Event									
50m free	39.9	37.7	35.7	34.3	33.3	32.5	32.0	31.9	30.5
100m free	1:27. 6	1:21. 3	1:16. 6	1:13. 5	1:11. 3	1:09. 9	1:08. 7	1:08. 4	1:07. 1
50m breast	51.7	48.3	45.4	43.2	41.8	40.8	40.3	40.0	38.5
100m breast	1:52. 5	1:43. 5	1:37. 3	1:32. 3	1:28. 7	1:27. 1	1:26. 2	1:24. 9	1:23. 2
50m fly	43.9	41.3	39.1	37.3	36.1	35.2	34.7	34.6	32.7
100m fly	1:39. 3	1:30. 9	1:24. 9	1:21. 2	1:18. 3	1:16. 9	1:15. 8	1:14. 9	1:12. 2
50m back	45.3	42.7	40.5	38.7	37.5	36.8	36.1	35.8	34.4
100m back	1:38. 5	1:31. 0	1:25. 3	1:21. 4	1:19. 0	1:17. 1	1:16. 1	1:15. 6	1:13. 6

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100m IM	1:38. 5	1:34. 2	1:29. 1						
200m IM	3:32. 2	3:17. 6	3:06. 8	2:55. 8	2:45. 3	2:38. 2	2:33. 7	2:30. 5	2:27. 6

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Championships Entries

Club

Name		
Gender	Men / Ladies	
Date of Birth		
ASA Number		
Event	Time	
100m Free		Open event } MALE swimmers in these events MUST be 11 years and over on day of competition
100m Back		
100m Breast		
100m Fly		
200m IM		Open event
50m Free		13 years and over
50m Back		13 years and over
50m Breast		13 years and over
50m Fly		13 years and over
50m Free		12 and under } swimmers in these events MUST be aged 10 years on the day of competition
50m Back		
50m Breast		
50m Fly		
100m IM		

ENTRIES MUST BE SUBMITTED VIA CLUBS AND RECEIVED ELECTRONICALLY BY B & D NO LATER THAN MIDNIGHT ON TUESDAY 6th APRIL 2010.

PLEASE MAKE SURE THAT YOU RETURN YOUR FORM TO YOUR CLUB IN PLENTY OF TIME FOR THEM TO MAKE THIS DEADLINE AS NO LATE ENTRIES WILL BE ACCEPTED

*****SWIMMERS PLEASE NOTE – YOUR ENTRY MUST BE RETURNED TO YOUR CLUB AS ENTRIES ARE MADE ELECTRONICALLY AND INDIVIDUAL ENTRIES WILL NOT BE PROCESSED *****